



JUNIOR PRACTICES 2019 - GIRLS						
	Monday	Tuesday	Wednesday	Thursday	Friday	Time
Form 2	HOCKEY				ARTISTIC GYMNASTICS	1600 to 1730
Form 3	HANDBALL		HOCKEY		HOCKEY	
Form 4		HOCKEY		HOCKEY	HANDBALL	
Form 5	HANDBALL	HOCKEY	HANDBALL	HOCKEY		
Form 6	FOOTBALL	HANDBALL	HOCKEY	HANDBALL	HOCKEY	
The use of gum shield and shin pads for hockey are compulsory.						

JUNIOR PRACTICES 2019 - BOYS						
	Monday	Tuesday	Wednesday	Thursday	Friday	Time
Form 2	RUGBY				FOOTBALL	1600 to 1730
Form 3	FOOTBALL	RUGBY		RUGBY		
Form 4		FOOTBALL	RUGBY		RUGBY	
Form 5	BASKETBALL	RUGBY	FOOTBALL	RUGBY	FOOTBALL	
Form 6	FOOTBALL	RUGBY	FOOTBALL	RUGBY	BASKETBALL	
The use of gum shield for rugby and shin pads for football are compulsory.						